



**How do you handle the dark times of life?*

Psalm Chapters 3-7 Overview

1. **King Saul** was trying to kill David and he has to hide in caves.
2. **Had to leave** his hometown Jerusalem because of the attacks.
3. **His son Absalom** later tries to kill him and take over his throne.

**Psalm 3:1 LORD, how many are my foes! How many rise up against me!
2 Many are saying of me, "God will not deliver him."
3 But you, LORD, are a shield around me, my glory, the One who lifts my head high.
4 I call out to the LORD, and he answers me from his holy mountain.
5 I lie down and sleep; I wake again, because the LORD sustains me.
6 I will not fear though tens of thousands assail me on every side.
7 Arise, LORD! Deliver me, my God! Strike all my enemies on the jaw; break the teeth of the wicked.
8 From the LORD comes deliverance. May your blessing be on your people.*

**Christians do have dark times.*

1. **V:1-2 Be careful** who you are listening to. Many in our world are saying the wrong things about God.
2. **V:3-6 God is working** even while we are sleeping.
 - A. Mornings and rest give us a better perspective on all things. **Things appear unspoiled in the morning.**
 - B. **V:6** In the morning or after meeting with God our courage is renewed.
3. **V:7-8 The Lord of Deliverance.** Shutting the mouths of lions and breaking the teeth of the wicked is God's deliverance. **Jonah 2:9**

Songs of Psalm 4, 5, 6, 7 Lessons we can learn during times of darkness.

**Psalm 4:1(KJV) Hear me when I call, O God of my righteousness: thou hast enlarged me when I was in distress; have mercy upon me, and hear my prayer.*

**Psalm 5:7 (KJV) But as for me, I will come into thy house in the multitude of thy mercy: and in thy fear will I worship toward thy holy temple.*

**Psalm 6:6 I am worn out from my groaning. All night long I flood my bed with weeping and drench my couch with tears.*

**Psalm 7:15 Whoever digs a hole and scoops it out falls into the pit they have made.*

**We learn and grow more in my times of despair than in prosperity.*

1. **Psalm Chapter 4:1 The righteous are enlarged** or grow through troubling times. **You cannot eat your dilemmas away.**
2. **Psalm Chapter 5:7 Worship is a key** ingredient in our trials.
 - A. **James 1:2** Count it all a joy.
 - B. ***Jeremiah 17:14** *Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for you are my praise.*
 - C. **Psalm 119:164** *Seven times a day I praise you for your righteous rules.*
3. **Psalm Chapter 6:6 The collection bottle** is for now and our future.
 - A. ***Psalm 56:8** *Record my misery; list my tears on your scroll—are they not in your record?*
 - B. ***Psalm 126:5** *Those who sow with tears will reap with songs of joy. (Solomon words)*
4. **Psalm Chapter 7:15 The boomerang outcome** is a Biblical principle.
 - A. **Pharaoh** order babies to be drowned in the river during the time of Moses.
 - B. **Haman** built gallows to hang the Jews and Mordecai.
 - C. **Saul** wanted David killed by the sword.

**Will you allow God to use your dark nights to draw you to intimacy?*